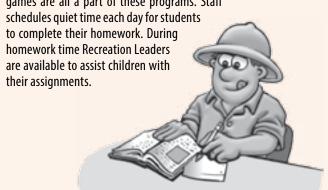
# AFTER SCHOOL RECREATION FOR STUDENTS IN ELEMENTARY SCHOOL

The City's after school program promotes positive youth development and helps support the needs of families in Dublin. The After School Recreation program is for children in 1st to 5th Grades. Programs are held at Amador, Kolb, John Green, Dougherty, Dublin, Frederiksen, and Murray Elementary Schools in Dublin, and run every day from the time school gets out until 5:45 PM, including minimum days. **Please note:** After School Recreation does not operate when there is no school.

A variety of group and individual activities and indoor/outdoor games are all a part of these programs. Staff



# After School until 5:45 PM Monday to Friday

Session II: 8/24 - 11/20 Session II: 11/30 - 3/11 Session III: 3/14 - 6/10

Registration for Session I of the 2015/2016 school year is as follows:

Dublin Residents—Monday, May 11 at 8 PM Non Residents—Monday, May 18 at 8 PM

# **Payment Options**

Full Session Pass purchase allows unlimited attendance within the session purchased \$425 Resident/\$510 Non Resident

20-Day Pass purchase allows 20 visits within the school year; any unused days are not refundable after May 9 \$225 Resident/\$270 Non Resident

After School Recreation is a popular program and may fill quickly, so please register early.

# Fall 2015 After School Recreation

	AMADOR	KOLB	GREEN	DOUGHERTY	DUBLIN	FREDERIKSEN	MURRAY
Full Session	38865	38791	38790	38789	38792	38787	38788
First 20-Day Pass	38866	38843	38842	38841	38838	38839	38840

# DANCE

# **NEW! Bollywood Dance for Kids**

Would you like your kids to fall in love with a happy, healthy activity while dancing to their favorite Bollywood tunes...then this is the class for them! This is not the same old Bollywood dance routine—instead, children will learn hand-eye coordination, spacing, and footwork with an emphasis on movement—all while keeping it simple, yet interesting with age-appropriate music choices and loads of fun. Vaishnavi Misra has been teaching Bollywood dance for 10 years and has a degree in classical dance.

8 Classes Instructor: Vaishnavi Misra

5 - 7 Years \$110 Res/\$132 Non Res

**Dublin Senior Center** 

Sun 7/5-8/30\* 10:05-10:50 AM Activity #38638

\* no class 8/9

# **Hip Hop Dance for Children and Tweens**

Do you want to dance like your favorite Hip-Hop stars? Join the fun as we learn the street-style dance made popular by music videos. Classes help dancers loosen up, gain rhythm, and control isolated movements. All music and movement is age-appropriate. Hip-Hop classes are for students who want to have serious fun, while learning all the latest moves.

8 Classes Instructor: Castro Valley Performing Arts

5 - 8 Years \$66 Res/\$79 Non Res

**Dublin Senior Center** 

Mon 7/6-8/24 6:15-7:15 PM Activity #38419

9 - 13 Years \$66 Res/\$79 Non Res

**Dublin Senior Center** 

Mon 7/6-8/24 7:15-8:15 PM Activity #38420



# **Beginning Irish Dance**

Students will be introduced to Irish dance, and learn basic reel and jig steps—the foundation for Irish dance. Emphasis is on teaching correct posture and hand positions, as well as proper foot placement. timing, and lifting techniques. Individual and group dances will be taught. Irish dance shoes are not required. A recital will be held on the last night of class.

10 Classes Instructor: Valerie Deam

5 - 12 Years \$70 Res/\$84 Non Res

**Heritage Park & Museums** 

Thu 6/4-8/20\* 6:00-7:00 PM Activity #38656

\* no class 6/25 & 7/23

#### **Intermediate Irish Dance**

Students must have taken Beginning Irish Dance, and have permission from the instructor to take this class. This class will focus on intermediate level jigs and reels, as well as introducing hard-shoe dances, and figure dances. Emphasis will be placed on performance and stage skills. Irish dance shoes are required. A recital will be held on the last night of class.

10 Classes Instructor: Valerie Deam

5 - 12 Years \$70 Res/\$84 Non Res

**Heritage Park & Museums** 

Thu 6/4-8/20\* 7:00-8:00 PM Activity #38658

\* no class 6/25 & 7/23

# Give me a C for Cheerleading

Have you always wanted to be a cheerleader? Then here's your chance to learn cheerleading fundamentals including sideline cheers, jumps, kicks, turns, and dance routines. Invite your friends and family as you cheer at our last class team performance.

8 Classes Instructor: Castro Valley Performing Arts

5 - 12 Years \$93 Res/\$112 Non Res; plus \$13 materials fee

**Heritage Park & Museums** 

Fri 7/10-8/28 5:45-6:45 PM Activity #38418

#### Pom Squad

If you are aspiring to be on a competitive dance team or pom squad this is the perfect class for you. Learn basic pom techniques and jazz fundamentals used by high school dance teams and pom squads.

8 Classes Instructor: Castro Valley Performing Arts

5 - 11 Years \$66 Res/\$79 Non Res; plus \$13 materials fee

**Heritage Park & Museums** 

Fri 7/10-8/28 6:45-7:45 PM Activity #38425

# **MUSIC & ART**

# **Fun Sculpting for Kids**

Make cool sculptures of animals, creatures, or anything you can imagine! Learn the proper ways of working with clay to get great results and have fun. Natural creativity, combined with new skills will result in awesome works of art!

8 Classes Instructor: Eric Haggin

5 - 13 Years \$136 Res/\$163 Non Res

**Heritage Park & Museums** 

Fri 6/5-7/31\* 4:00-5:15 PM Activity #38496

\* no class 7/3

# **NEW! Five Dancing Crayons**

An adventure in art, craft, and movement activities that will enhance creativity, self-confidence, and imagination. Art and music, as a natural process of learning, will provide opportunities for children's cognitive, social and motor development.

8 Classes Instructor: Bozena Olano

3 - 5 Years \$120 Res/\$144 Non Res

# **Shannon Community Center**

Mon, Wed 6/8-7/1 3:30-4:30 PM Activity #38561 3:30-4:30 PM Activity #38578 Tue, Thu 6/9-7/2 Mon, Wed 7/6-7/29 3:30-4:30 PM Activity #38563 3:30-4:30 PM Activity #38580 Tue, Thu 7/7-7/30 Mon, Wed 8/17-9/14\* 4:00-5:00 PM Activity #38565 Tue, Thu 8/18-9/10 4:00-5:00 PM Activity #38583 \* no class 9/7

#### Guitar & Bass I

This class is designed for beginning students, and will cover the

fundamentals of technique, rhythm, and music notation, as well as songs in various styles. Acoustic or electric guitar (with amplifier) required.

8 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non Res; plus \$20 materials fee

**Heritage Park & Museums** 

Mon 6/15-8/10\* 1:30-2:25 PM Activity #38446

\* no class 8/3

# **Guitar Lessons For Beginners**

Lesson format includes strumming, picking, scales and chords, and how they all work together to make music. You'll be playing songs by the end of class. Instructor has 27 years of teaching experience. Guitar, picks, and clip-on tuner required.

6 Classes Instructor: Mark Stoebe

10 - 15 Years \$100 Res/\$120 Non Res

**Heritage Park & Museums** Sat 8/8-9/19\* 11:00 AM-12:30 PM Activity

#38474 \* no class 9/5



# **Beginning Violin**

Viola, cello and double bass are welcome too! This is a small ensemble setting where students can learn the basics of playing a string instrument, including plucking, bowing, technique, and how to play in a group. Class will cover Suzuki and Essential Elements books. Instrument required.

8 Classes Instructor: Marvin Ibe

8 Years+ \$99 Res/\$119 Non Res **Heritage Park & Museums** 

Mon 6/15-8/10\* 2:30-3:25 PM Activity #38448

\* no class 8/3

#### **Ukulele for Kids**

Learn and enjoy playing the ukulele! We will cover basic rhythms, chords, melodies, and playing a song together. The class will introduce children to music, and explore their curiosity of learning an instrument. Soprano ukulele required.

4 Classes Instructor: Glenn Staller

6 - 11 Years \$69 Res/\$83 Non Res; plus \$10 materials fee

Heritage Park & Museums

Wed 6/17-7/8 12:30-1:30 PM Activity #38478

#### **Fun with Watercolors**

This class begins with an introduction on how to use watercolor paint. Students will learn the basics of color mixing, different ways to use a paintbrush, and painting techniques that they can use to create wonderful paintings.

5 Classes Instructor: C. Marschall

5 - 12 Years \$85 Res/\$102 Non Res; plus \$5 materials fee

Heritage Park & Museums

Mon-Fri 7/6-7/10 11:00 AM-12:00 PM Activity #38449

# Discover the Artist in You

Students will create their own masterpieces using different media including watercolors, oil and chalk pastels, and acrylic paint. They will have fun learning the fundamentals of drawing using simple lines and shapes. A new work of art will be created in each class. 5 Classes Instructor: Carla Ginn

6 - 12 Years \$85 Res/\$102 Non Res; plus \$5 materials fee

**Heritage Park & Museums** 

Mon-Fri 7/6-7/10 12:30-1:30 PM Activity #38451

#### **Little Hands Art Class**

Does your little one love to paint and draw animals, flowers, and other fun pictures? Children in this class will have fun exploring different art media including watercolors, acrylic paint, colored pencils, and pastels. They will also learn about drawing with lines and shapes. Parents are welcome to participate in this class.

5 Classes Instructor: Carla Ginn

4 - 7 Years \$85 Res/\$102 Non Res; plus \$5 materials fee

**Heritage Park & Museums** 

Mon-Fri 7/6-7/10 2:00-3:00 PM Activity #38452

# Young Rembrandts: FUNdamental **Drawing**

FUNdamental drawing teaches children to follow directions and increase their attention span and self confidence so that they can be successful in kindergarten. Learn to draw with our step-by-step method and increase fine motor skills, handwriting readiness, and attention to detail. New lessons each class, and each session.

5 Classes Instructor: Young Rembrandts

4 - 6½ Years \$99 Res/\$119 Non Res

**Dublin Public Library** 

Sat 7/11-8/8 9:30-10:30 AM Activity #38511

# Young Rembrandts: Vibrant **Elementary Drawing**

Children will learn how to draw using Young Rembrandts step-bystep instruction and proven method that fosters increased patience, discipline, and focus, as well as a host of artistic skills such as art vocabulary and art history. The same structured, skill-based learning used to teach science, math and reading is used to teach children how to draw using engaging subjects, skill-based learning, and positive classroom techniques to achieve unparalleled success in the classroom.

5 Classes Instructor: Young Rembrandts

5 - 10 Years \$99 Res/\$119 Non Res

**Dublin Public Library** 

Sat 7/11-8/8 10:45-11:45 AM Activity #38513

# **Young Rembrandts: Cartoon Drawing**

Learning how to draw can be fun, especially when we create silly characters, funny expressions, and drawing sequences that tell a joke! This delightful program combines Young Rembrandts innovative, step-by-step drawing method with lighthearted subject matter that engages children's sense of humor and imagination. No prior art class experience necessary. 5 Classes Instructor: Young Rembrandts



8 - 12 Years \$120 Res/\$144 Non Res

**Dublin Public Library** 

Sat 7/11-8/8 12:00-1:30 PM Activity #38514

#### **Introduction to Drawing**

Children will have fun learning the basic elements of drawing drawing with simple lines and shapes. Step-by-step instructions make it fun and easy to draw all kinds of pictures: animals, plants, landscapes and portraits. Learning how to shade will also be introduced.

5 Classes Instructor: Carla Ginn

7 - 12 Years \$85 Res/\$102 Non Res; plus \$5 materials fee

**Heritage Park & Museums** 

Mon-Fri 7/13-7/17 11:00 AM-12:00 PM Activity #38612

# ELEMENTARY

# Learn to Draw Manga

Magna is the Japanese word for comics. Students will learn to design their own Manga characters in a creative and fun way! Children will learn how to draw Magna faces, clothes, accessories and animals. 5 Classes Instructor: Carla Ginn

7 - 13 Years \$85 Res/\$102 Non Res; plus \$5 materials fee Heritage Park & Museums Mon-Fri 7/13-7/17 12:30-1:30 PM Activity #38456

# **Open Art Time**

This is an opportunity for children to explore different types of art, and create their own art with no formal instruction. Examples will be displayed for children who want a little guidance with projects. Two instructors will be present at all times to assist students. Different art media will be available for creative exploration each day, including acrylic paint, watercolor, collage material, colored pencils, printmaking material, and sculpting material. Students may focus on one type of media if they wish.

5 Classes Instructor: Carla Ginn

6 - 15 Years \$85 Res/\$102 Non Res

Heritage Park & Museums

Mon-Fri 7/13-7/17 2:00-3:00 PM Activity #38611

# COOKING

#### **Children's Chinese Dinner**

This fun Chinese dinner camp will teach children how to make delicious and healthy food. Ten recipes will be made throughout the week, from pot stickers to almond cookies and cake.

5 Classes Instructor: Cooking with Kids Foundation

4 - 5 Years \$248 Res/\$298 Non Res; plus \$17 materials fee **Shannon Community Center** 

Silannon Community Center

Mon-Fri 6/15-6/19 10:00-11:30 AM Activity #38457

6 - 10 Years \$248 Res/\$298 Non Res; plus \$17 materials fee

**Shannon Community Center** 

Mon-Fri 6/15-6/19 4:30-6:00 PM Activity #38465

# **ENRICHMENT**

#### Lil' Buddy Bowling

If fun is 'right up your alley,' bumper bowling is sure to be a big hit. This bowling class guarantees success for your child because the gutters are filled with bumpers! Children bowl one game or play one hour, whichever comes first. Adult supervision is required.

8 Classes Instructor: Earl Anthony's Dublin Bowl

3 - 7 Years \$80 Res/\$96 Non Res; plus \$10 materials fee

Earl Anthony's Dublin Bowl

Thu 6/18-8/6 3:30-4:30 PM Activity #38454



# **Tiny Tot Science for Preschoolers**

Introduce your preschooler to the exciting world of science! Each class will have a different theme and will include a story, songs and science experiments—activities specially tailored for this creative and inquisitive age group. This supportive environment will allow your child to develop observation and problem solving skills, and develop a love for science.

5 Classes Instructor: Maria Kapadia

4 - 5 Years \$85 Res/\$102 Non Res; plus \$15 materials fee

**Shannon Community Center** 

Mon-Fri 7/20-7/24 11:00 AM-12:00 PM Activity #38503

# Yes Kids Code—Coding Made Easy: Intro to Computer Science

In this class, kids will be introduced to computer science using block-based programming and explore coding by doing fun animation projects with MIT's Scratch.

5 Classes Instructor: SF Bay Resources

9 - 11 Years \$115 Res/\$138 Non Res; plus \$15 materials fee

**Dublin Public Library** 

Tue 7/7-8/4 5:30-6:30 PM Activity #38640

# **MARTIAL ARTS**

#### **Beginning Karate**

Begin training your child in the Korean martial art of Tang Soo Do. Participants will develop respect, discipline, and coordination. Students will learn the basic blocks, punches, kicks, patterns and sparring techniques of Tang Soo Do.

13 Classes Instructor: Robert Berger

7 - 14 Years \$84 Res/\$101 Non Res

**Dublin Public Library** 

Mon 6/1-8/31\* 5:45-6:30 PM Activity #38458

\* no class 7/6

#### **Advanced Karate**

In a continuation from lessons taught in the Beginning Karate class, students will learn advanced blocking, striking and kicking techniques of Tang Soo Do, advancing through the colored belt ranks while learning balance, fluidity, speed, power, and control. Students should have advanced to purple belt before registering for this class, unless otherwise invited. Uniforms are required.

13 Classes Instructor: Robert Berger

7 - 14 Years \$84 Res/\$101 Non Res

**Dublin Public Library** 

Mon 6/1-8/31\* 6:30-7:30 PM Activity #38459

\* no class 7/6

# **Tiny Tigers Tae Kwon Do**

Students will focus on developing fine motor skills, following directions, listening, and pattern memorization. Students are encouraged through positive reinforcement and praise, based on the teaching principles of caring, belief, challenge, reward and praise. Martial Arts America uniforms are required and are available for purchase for \$49.

10 Classes Instructor: Martial Arts America

4½ - 6½ Years \$159 Res/\$191 Non Res

**Martial Arts America** 

Thu 6/4-8/20\* 3:45-4:15 PM **Activity #38411** 

\* no class 7/2

Sat 6/6-8/15\* 10:00-10:30 AM Activity #38410

\* no class 7/4

# Fitness, Self Defense & Safety **Awareness Training**

Instruction will focus on attackers motion and movement, and how to respond in a preparatory manner and reactionary mode. Students will learn effective controlling techniques/maneuvers to restrain an attacker without the use of excessive force. The program includes stretching, conditioning, breathing techniques, blocking/striking, kicks to specific target areas, breaking away from grabs, falling, joint-locking, throwing and grappling defense techniques, and defense against weapon attacks. More importantly, learn how to avoid conflict, be aware of your surroundings, and build your self esteem. Uniforms and safety equipment are required and must be purchased through the instructor.

16 Classes Instructor: Ed Untalan

5 - 12 Years \$225 Res/\$270 Non Res

**Dublin Public Library** 

Thu 6/4-9/24\* 5:00-5:55 PM Activity #38429

\* no class 9/10



#### Tae Kwon Do for Children

Tae Kwon Do is a traditional martial art that involves stretching, cardio vascular training, and poly-metrics, with a traditional belt ranking system. Each workout can burn as much as 700 calories! Students learn and progress at their own pace. Martial Arts America uniforms are required and may be purchased for \$49.

10 Classes Instructor: Martial Arts America

7 - 12 Years \$159 Res/\$191 Non Res

Martial Arts America

Thu 6/4-8/13\* 5:45-6:15 PM **Activity #38669** 

\* no class 7/2

Sat 6/6-8/15\* 10:30-11:00 AM Activity #38668

\* no class 7/4

# **NEW!** Kidz Club Karate Ir.

We're extremely excited to offer a class that's designed for your child to succeed! This program will help develop focus, concentration, basic motor skills, confidence, discipline, respect, self-defense and a positive mental attitude. All of this and much more in an energetic, fun, noncontact structured martial arts curriculum. Free uniform included! 8 Classes Instructor: Pallen Martial Arts

4 - 6 Years \$150 Res/\$180 Non Res

**Pallen Martial Arts** 

Mon, Wed 6/8-7/1 2:45-3:30 PM Activity #38604 Mon, Wed 7/13-8/5 2:45-3:30 PM Activity #38605 Mon, Wed 8/17-9/14\* 2:45-3:30 PM Activity #38606 \* no class 9/7

# **NEW! Kidz Club Karate**

We're extremely excited to offer a class that's designed to teach children how to lead a fit and healthy lifestyle! The program will also help develop confidence, a positive mental attitude, focus, discipline, respect, self-defense, and safety (how to handle bullying/stranger danger). All of this and much more in an energetic, fun, non-contact structured martial arts curriculum. Free uniform included!

8 Classes Instructor: Pallen Martial Arts

7 - 12 Years \$150 Res/\$180 Non Res

Pallen Martial Arts

Mon, Wed 6/8-7/1 3:30-4:15 PM Activity #38595 Mon, Wed 7/13-8/5 3:30-4:15 PM Activity #38597 Mon, Wed 8/17-9/14\* 3:30-4:15 PM Activity #38599 \* no cĺass 9/7

#### **Introduction to Martial Arts**

This unique bi-weekly class develops a child's focus and concentration through drills used in martial arts. It's a fun, active class that gradually introduces good posture, eye contact, respect, and discipline—all key components to listening and conversing with adults. This class is for new students only, and includes a free uniform!

10 Classes Instructor: Shir Martial Arts

3½ - 6 Years \$169 Res/\$203 Non Res

**Shir Martial Arts** 

Tue, Thu 6/23-7/23 3:20-3:50 PM Activity #38482 Tue, Thu 7/28-8/27 3:20-3:50 PM Activity #38483

# **TUMBLING & GYMNASTICS**

# **Mighty Mites**

Students will enhance their motor skills and hand-eye coordination while learning basic gymnastics skills on all gymnastics apparatus. Gymnastics terminology, body positions, and gym safety will also be covered.

9 Classes Instructor: Edge Gymnastics

4 - 5 Years \$137 Res/\$164 Non Res

**Edge Gymnastics** 

Mon 6/15-8/10 11:10-11:55 AM Activity #38527 Thu 6/18-8/13 12:50-1:35 PM Activity #38528

# **Boys Beginning Gymnastics**

Learn the basics of this Olympic sport, including an introduction to vault, pommel horse, rings, floor, parallel bars, and high bar. Students will leave each class with the proper techniques to experience confidence in performing

these skills.

9 Classes Instructor: Edge Gymnastics

6 - 17 Years \$152 Res/\$182 Non Res

**Edge Gymnastics** 

Mon 6/15-8/10 2:30-3:30 PM Activity #38521

# **Girls Beginning Gymnastics**

Learn the basics of this Olympic sport, including an introduction to vault, uneven parallel bars, balance beam, and floor exercises. Students will leave each class with the proper techniques to experience confidence in performing these skills.

9 Classes Instructor: Edge Gymnastics

6 - 17 Years \$152 Res/\$182 Non Res

**Edge Gymnastics** 

Mon 6/15-8/10 2:30-3:30 PM Activity #38523 Tue 6/16-8/11 2:30-3:30 PM Activity #38524

# **Beginning Tumbling**

This class will teach proper tumbling techniques. This acrobatic discipline is often used in other sports such as cheerleading and diving. Students will learn basic skills, including cartwheels, handstands, rolls and progressions for round-offs, as well as how to do tumbling and back handsprings on our in-ground and aboveground Tumble-Tracks.

9 Classes Instructor: Edge Gymnastics

6 - 17 Years \$152 Res/\$182 Non Res

**Edge Gymnastics** 

Tue 6/16-8/11 2:30-3:30 PM Activity #38519

# **SPORTS**

# **JUNIOR WARRIORS SUMMER BASKETBALL LEAGUE**

Sign up early as all leagues sold out last summer. The summer league focuses on improving skills by providing more "oncourt" experience on two weeknights, leaving your weekends free. Players completing kindergarten through fourth grades will have one skills clinic and one

game per week, and those completing fifth through seventh grades will have two games per week. No practices are scheduled. If you did not participate in the Junior Warriors winter league, then an additional \$13 membership fee will be collected on the first night (registration includes a

Junior Warriors jersey and headband). Note: Girls are allowed to participate in all boys' leagues.

**Leagues** (participants to have completed the following grades): **Coed K** (Mon skills clinic 6 PM, Thu game at 6 PM) Boys 1st Grade (Tue skills clinic 6 PM, Wed game at 6 PM) Boys 2<sup>nd</sup> Grade (Mon skills clinic 7 PM, Wed game at 7 PM) Boys 3<sup>rd</sup> & 4<sup>th</sup> Grades (Tue skills clinic 7 PM, Thu game at 7 PM) Boys 5th-7th Grades (no clinics, 2 games/week Tue & Thu at 8 PM)

\$89 Res/\$107 Non Res

# **Stager Community Gymnasium**

LEAGUE	DATES	DAY	TIME	ACT#
Coed K	6/15-7/23	Mon/Thu	6 PM	38357
Boys 1st Grade	6/16-7/22	Tue/Wed	6 PM	38358
Boys 2 <sup>nd</sup> Grade	6/15-7/22	Mon/Wed	7 PM	38359
Boys 3 <sup>rd</sup> & 4 <sup>th</sup> Grades	6/16-7/23	Tue/Thu	7 PM	38360
Boys 5 <sup>th</sup> – 7 <sup>th</sup> Grades	6/16-7/23	Tue/Thu	8 PM	38361



#### **Ouick Start Tennis**

Quick Start Tennis works by getting children involved in the game immediately. Specially designed portable net systems and color-coded balls created by the USTA (United States Tennis Association) have revolutionized the game for beginning players. Within the first hour of stepping onto the court, children are playing the game, rallying with one another, moving around the court, and having fun. Scaling the game and court down to their size helps make the learning process easier and more fun. These classes give children confidence by seeing their own immediate progress, making them more enthusiastic about continuing to play and improve. Instructor/student ratio for Regular Groups is 1:6, and 1:3 for Small Groups.

5 Classes Instructor: Arora Tennis staff

# Regular Groups

#### Red

4 - 6 Years \$74 Res/\$89 Non Res

#### **Emerald Glen Park**

Fri 6/19-7/24\* 4:15-5:00 PM Activity #38693

\* no class 7/3

Sat 6/20-7/25\* 9:15-10:00 AM Activity #38695

\* no class 7/4

Fri 7/31-8/28 4:15-5:00 PM Activity #38694

Sat 8/1-8/29 9:15-10:00 AM Activity #38696

**Kolb Park** 

Sun 6/21-7/26\* 9:15-10:00 AM Activity #38699 Sun 8/2-8/30 9:15-10:00 AM Activity #38700

\* no class 7/5

# **Orange (Beginner)**

7 - 12 Years \$99 Res/\$119 Non Res

#### **Fallon Sports Park**

 Tue
 6/16-7/14
 5:00 PM-6:00 PM
 Activity #38705

 Sat
 6/20-7/25\*
 11:00 AM-12:00 PM
 Activity #38707

 Tue
 7/28-8/25
 5:00 PM-6:00 PM
 Activity #38706

 Sat
 8/1-8/29
 11:00 AM-12:00 PM
 Activity #38708

\* no class 7/4

#### **Kolb Park**

Sun 6/21-7/26\* 10:00-11:00 AM Activity #38713 Sun 8/2-8/30 10:00-11:00 AM Activity #38714

\* no class 7/5

# **Green (Intermediate)**

Note: Green level classes prepare players to enter the Tennis Tournament Group - Novice level. It is for players seeking more competitive direction in the sport.

7 - 12 Years \$99 Res/\$119 Non Res

#### **Emerald Glen Park**

 Tue
 6/16-7/14
 5:00-6:00 PM
 Activity #38717

 Sat
 6/20-7/25\*
 11:00 AM-12:00 PM
 Activity #38718

 Tue
 7/28-8/25
 5:00-6:00 PM
 Activity #38725

 Sat
 8/1-8/29
 11:00 AM-12:00 PM
 Activity #38726

\* no class 7/4

**Kolb Park** 

Sun 6/21-7/26\* 11:00 AM-12:00 PM Activity #38719 Sun 8/2-8/30 11:00 AM-12:00 PM Activity #38720

\* no class 7/5

# **Small Groups**

#### Red

4 - 6 Years \$110 Res/\$132 Non Res

#### **Emerald Glen Park**

 Mon
 6/15-7/13
 4:15-5:00 PM
 Activity #38701

 Wed
 6/17-7/15
 4:15-5:00 PM
 Activity #38697

 Mon
 7/27-8/24
 4:15-5:00 PM
 Activity #38702

 Wed
 7/29-8/26
 4:15-5:00 PM
 Activity #38698

#### **Fallon Sports Park**

Sat 6/20-7/25\* 10:15-11:00 AM Activity #38703 Sat 8/1-8/29 10:15-11:00 AM Activity #38704 \*no class 7/4

# **Orange (Beginner)**

7 - 12 Years \$149 Res/\$179 Non Res

#### **Emerald Glen Park**

Mon 6/15-7/13 5:00-6:00 PM **Activity #38709** 6/18-7/16 5:00-6:00 PM **Activity #38711** Thu 6/20-7/25\* 10:00-11:00 AM Activity #38715 5:00-6:00 PM **Activity #38710** Mon 7/27-8/24 Thu 7/30-8/27 5:00-6:00 PM **Activity #38712** 8/1-8/29 Sat 10:00-11:00 AM Activity #38716 \* no class 7/4

#### **Green (Intermediate)**

Note: Green level classes prepare players to enter the Tennis Tournament Group - Novice level. It is for players seeking more competitive direction in the sport.

7 - 12 Years \$225 Res/\$270 Non Res

#### **Emerald Glen Park**

Mon 6/15-7/13 6:00-7:30 PM Activity #38721 Thu 6/18-7/16 6:00-7:30 PM Activity #38723 Mon 7/27-8/24 6:00-7:30 PM Activity #38722 Thu 7/30-8/27 6:00-7:30 PM Activity #38724

#### **Private Tennis Lessons**

Both Private and semi-private (two players) hour-long lessons are available for youth (7 years+) through adults. Lessons are held at an agreed upon date, time and location. Detailed descriptions of our four highly qualified Arora Tennis instructors and registration information can be found at <a href="https://www.DublinRecGuide.com">www.DublinRecGuide.com</a>. Click on Programs, then Children's Classes, then Children's Sports. Questions? Contact rich.jochner@dublin.ca.gov.

# **Tennis Tournament Group: Novice**

Lessons focus on stronger stroke production and point development, concentrating on players ready to compete in Novice level USTA tournament play. **Prerequisite:** Quick Start Green Intermediate. Instructor/student is 1:6.

5 Classes Instructor: Arora Tennis staff

7 - 15 Years \$119 Res/\$143 Non Res

#### **Emerald Glen Park**

 Wed
 6/17-7/15
 5:00-6:30 PM
 Activity #38743

 Fri
 6/19-7/24\*
 5:00-6:30 PM
 Activity #38745

 Wed
 7/29-8/26
 5:00-6:30 PM
 Activity #38744

 Fri
 7/31-8/28
 5:00-6:30 PM
 Activity #38746

 \* no class 7/3

# **Tennis Tournament Group: Challenger**

Lessons focus on point play and shot strategy; participants should already possess solid strokes. This two-hour class focuses on players ready to compete in Challenger level USTA tournament play. **Prerequisite:** Novice Tournament Group. Instructor/student ratio is 1:6.

5 Classes Instructor: Arora Tennis staff

7 - 18 Years \$159 Res/\$191 Non Res

#### **Fallon Sports Park**

Mon 6/15-7/13 6:00-8:00 PM Activity #38747 Wed 6/17-7/15 6:00-8:00 PM Activity #38748 Mon 7/27-8/24 6:00-8:00 PM Activity #38749 Wed 7/29-8/26 6:00-8:00 PM Activity #38750

# **Tennis Tournament Group: Open**

Lessons focus on high level competition with an emphasis on conditioning. This two hour class concentrates on those players ready to compete in Open level USTA tournament play. **Prerequisite:** Challenger Tournament Group. Instructor/student ratio is 1:6.

5 Classes Instructor: Arora Tennis staff

7 - 18 Years \$159 Res/\$191 Non Res

#### **Fallon Sports Park**

Tue 6/16-7/14 6:00-8:00 PM Activity #38751 Tue 7/28-8/25 6:00-8:00 PM Activity #38753 Kolb Park

Thu 6/18-7/16 6:00-8:00 PM Activity #38752 Thu 7/30-8/27 6:00-8:00 PM Activity #38754

# **Tennis Tournament Group: Championship**

Lessons focus on very high-level competition with a strong emphasis on conditioning. This two-hour class focuses on players ready to compete in Championship level USTA tournament play. **Prerequisite:** Open Tournament Group. Instructor/student ratio is 1:6.

5 Classes Arora Tennis staff

7 - 18 Years \$159 Res/\$191 Non Res

#### **Emerald Glen Park**

Wed 6/17-7/15 6:30-8:30 PM Activity #38758 Wed 7/29-8/26 6:30-8:30 PM Activity #38759

**Kolb Park** 

Mon 6/15-7/13 6:00-8:00 PM Activity #38755 Mon 7/27-8/24 6:00-8:00 PM Activity #38757

# **NEW! Cadence Basketball Academy**

The fast-paced game of basketball meets rhythm in this creative and cooperative class that reinforces and combines individual, skill-based basketball fundamentals with a synergistic team concept. The aim is to reinforce proper offensive and defensive techniques while emphasizing the basics of how to control the speed of the game. Sessions include 40 minutes of fundamental skills work, and 20 minutes of scrimmages. This class is a great option for Junior Warriors players as it is taught by one of the City's most requested Junior Warriors coaches.

8 Classes Instructor: Ryan Reth & Cadence Sports Academy staff

\$109 Res/\$131 Non Res

# **Stager Community Gymnasium**

5 - 6 Years

**Sun 6/7-8/2\* 1:00-1:55 PM Activity #38880** \* no class 7/5

7 - 9 Years

**Sun 6/7-8/2\* 12:00-12:55 PM Activity #38879** \* no class 7/5

10 - 12 Years

**Sun 6/7-8/2\* 11:00-11:55 AM Activity #38878** \* *no class 7/5* 

#### **NEW! Lil' All-Stars Baseball**

The game of baseball is taught through a fun, curriculum-based program using engaging, ageappropriate activities and drills. Focus is on the FUNdamentals of baseball (hitting, throwing, catching, fielding and base running) in this motivating and non-competitive class. Students will learn baseball-specific body positioning and the basic rules, as well as team-building skills. Multi-age and skills-based levels are offered. Join us as we build confidence and self-esteem while preparing students for the transition to organized teeball or baseball.

6 Classes Instructor: Take 1 Sports staff

# **Rookies (Beginners)**

Hitting, throwing, catching, fielding, base-running and basic baseball rules will be introduced. This fun class will involve a lot of repetition and skills progression as we focus on the baseball fundamentals and motor skill development. **Parent participation is required.** 

3½ - 5 Years \$119 Res/\$143 Non Res

#### **Ted Fairfield Park**

Thu 7/9-8/13 3:30-4:30 PM Activity #38881

#### Sluggers (Intermediate)

The continued development of baseball skills will be emphasized, as well as proper technique and baseball-specific body positioning. Students will gain confidence as we focus on teamwork and team dynamics. Baseball gloves, bat and batting helmet are recommended.

Prior teeball/baseball experience is required.

5 - 7 Years \$119 Res/\$143 Non Res

**Ted Fairfield Park** 

Thu 7/9-8/13 4:35-5:35 PM Activity #38882

# **Skyhawks Weekly Clinics**

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of the sport. Since 1979, Skyhawks has taught over one million boys and girls.

4 Classes Instructor: Skyhawks Sports staff

# **NEW!** Flag Football

# **Dublin Sports Grounds**

4 - 6 Years \$59 Res/\$71 Non Res

Mon-Thu 6/15-6/18 5:00-5:50 PM Activity #38808

7 - 10 Years \$59 Res/\$71 Non Res

Mon-Thu 6/15-6/18 6:00-6:50 PM Activity #38809

#### Baseball

4 - 6 Years \$59 Res/\$71 Non Res

**Ted Fairfield Park** 

Mon-Thu 6/22-6/25 5:00-5:50 PM Activity #38810

**Dublin Sports Grounds** 

Mon-Thu 8/3-8/6 5:00-5:50 PM Activity #38812

7 - 10 Years \$59 Res/\$71 Non Res

**Ted Fairfield Park** 

Mon-Thu 6/22-6/25 6:00-6:50 PM Activity #38811

**Dublin Sports Grounds** 

Mon-Thu 8/3-8/6 6:00-6:50 PM Activity #38813

#### Soccer

# **Bray Commons Park – NEW LOCATION!**

4 - 6 Years \$59 Res/\$71 Non Res

Mon-Thu 6/29-7/2 5:00-5:50 PM Activity #38814

7 - 10 Years \$59 Res/\$71 Non Res

Mon-Thu 6/29-7/2 6:00-6:50 PM Activity #38815

#### **NEW!** Lacrosse

7 - 10 Years \$59 Res/\$71 Non Res

**Kolb Park** 

Mon-Thu 7/20-7/23 6:00-6:50 PM Activity #38821

# Beginning (SNAG) Golf

#### **Ted Fairfield Park**

4 - 6 Years \$59 Res/\$71 Non Res

Mon-Thu 7/13-7/16 5:00-5:50 PM Activity #38816

7 - 10 Years \$59 Res/\$71 Non Res

Mon-Thu 7/13-7/16 6:00-6:50 PM Activity #38817

#### **NEW!** Tennis

5 - 10 Years \$59 Res/\$71 Non Res

**Kolb Park** 

Mon-Thu 7/20-7/23 5:00-5:50 PM Activity #38819

#### **NEW! Indoor Soccer**

#### **Stager Community Gymnasium**

4 - 6 Years \$59 Res/\$71 Non Res

Mon-Thu 7/27-7/30 5:00-5:50 PM Activity #38822

7 - 10 Years \$59 Res/\$71 Non Res

Mon-Thu 7/27-7/30 6:00-6:50 PM Activity #38823

#### **NEW! Volleyball**

7 - 14 Years \$59 Res/\$71 Non Res

**Stager Community Gymnasium** 

Mon-Thu 7/27-7/30 7:00-7:50 PM Activity #38828

#### Basketball

#### **Fallon Sports Park**

4 - 6 Years \$59 Res/\$71 Non Res

Mon-Thu 8/10-8/13 5:00-5:50 PM Activity #38829

7 - 10 Years \$59 Res/\$71 Non Res

Mon-Thu 8/10-8/13 6:00-6:50 PM Activity #38830

# **CORE Girls Volleyball: Summer Ball**

Highly trained and experienced CORE Volleyball Club staff will teach the fundamentals using philosophies from Gold Medal Squared and USA Volleyball. For the more experienced players, staff will continue to emphasize fundamentals, and add advanced volleyball techniques, with a heavy concentration on footwork and arm swing techniques. Players will be placed on teams based on age and skill level.

12 Practices Instructor: Jack Cowden, Dominican College and USA Volleyball High Performance Coach, & CORE Volleyball staff

#### **CORE Volleyball**

7 - 11 Years (Beginner level) \$249 Res/\$299 Non Res

Tue & Thu 7/7-8/13 4:00-5:30 PM Activity #38874

12 - 14 Years (Advanced level) \$249 Res/\$299 Non Res

Tue & Thu 7/7-8/13 5:30-7:00 PM Activity #38875

# CORE Volleyball: Intro to Beach Volleyball

CORE volleyball will introduce you to the world of beach volleyball. The main focus will be fundamentals and learning all aspects of the beach game. Players will be placed in training groups based on age and skill level. Players will be placed in training groups based on age and skill level, training twice weekly during this 6-week program. The registration fee includes a T-shirt for each participant.

12 Classes Instructor: CORE Volleyball staff

# **Mape Memorial Park**

10 - 14 Years \$249 Res/\$299 Non Res

Mon & Wed 6/15-7/22 4:00-5:30 PM Activity #38877

15 - 18 Years \$249 Res/\$299 Non Res

Mon & Wed 6/15-7/22 5:30-7:00 PM Activity #38873

#### Kidz Love Soccer

For over 33 years Kidz Love Soccer (KLS) has been dedicated to teaching children the world's most popular game within a nurturing environment. At KLS, the emphasis is always on fun! The goal is to instill an exuberant, skillful confidence in the young player through the Kidz Love Soccer method. Sessions include age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages always conducted in a non-competitive recreational format. This session all participants receive a Kidz Love Soccer jersey! 8 Classes Instructor: Kidz Love Soccer staff

#### **Pre Soccer**

Children will learn how to follow coaching instruction in a nurturing, age-appropriate environment. Fun soccer activities will teach the basic techniques of the game while helping to build selfesteem.

4 - 5 Years \$112 Res/\$134 Non Res

**Emerald Glen Park** 

Tue 6/23-8/11 6:50-7:25 PM Activity #38648

Passatempo Park

Sat 7/11-8/29 4:30-5:05 PM Activity #38650

**Shannon Park** 

Sat 7/11-8/29 10:10-10:45 AM Activity #38649

# **Soccer I: Techniques and Teamwork**

Dribbling, passing, receiving, shooting and age-specific defense will be featured. Fun skill building games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be gradually introduced.

5 - 6 Years \$112 Res/\$134 Non Res

**Emerald Glen Park** 

Tue 6/23-8/11 4:00-4:45 PM Activity #38651

Passatempo Park

Sat 7/11-8/29 3:45-4:30 PM Activity #38653

Shannon Park

Sat 7/11-8/29 10:45-11:30 AM Activity #38652

# Soccer 2: Skillz and Scrimmages

Your young soccer player will love the small-sided scrimmages played during each practice. Advanced skill building is emphasized in dribbling, passing and shooting in a team play format, and is the perfect continuation from Soccer 1. All skill levels are welcome to learn and enjoy the world's most popular sport!

7 - 10 Years \$112 Res/\$134 Non Res

**Emerald Glen Park** 

Tue 6/23-8/11 4:45-5:30 PM Activity #38654

Passatempo Park

Sat 7/11-8/29 3:00-3:45 PM Activity #38655



# Wee Hoop Basketball: Hot Shots

While placing an emphasis on developing basketball skills, this class also teaches the basic rules of the game. Participants will use their skills and knowledge in controlled, instructional scrimmages. Activities encourage teamwork and help build new friendships.

8 Classes Instructor: Wee Hoop staff

4 - 5 Years \$92 Res/\$110 Non Res **Stager Community Gymnasium** 

Sat 6/6-8/1\* 10:25-11:10 AM Activity #38666

\* no class 7/4

# **Wee Hoop Basketball: Ballers**

The goal of this class is to introduce team dynamics and incorporate game play. Prior basketball experience is required.

8 Classes Instructor: Wee Hoop staff

5 - 6 Years \$99 Res/\$119 Non Res

**Stager Community Gymnasium** 

Sat 6/6-8/1\* 11:15 AM-12:15 PM Activity #38667

\* no class 7/4

# **Junior Golf School**

Golf continues to be one of the hottest youth sports trends and often becomes a lifetime sport! This friendly introductory class is open to all skill levels. Basic full swing fundamentals and short game skills (chipping and putting) will be taught, as well as golf rules and etiquette. Bring your own clubs if possible, limited golf clubs are available if needed. Students must wear golf or tennis shoes.

5 Classes Instructor: Marissa Apodaca, Assistant Golf Professional

7 - 17 Years \$114 Res/\$137 Non Res

#### **Dublin Ranch Golf Course**

Thu 7/9-8/6 5:45 PM-6:45 PM **Activity #38768 Activity #38769** Sat 7/11-8/8 10:15 AM-11:15 AM Sat 7/11-8/8 11:30 AM-12:30 PM Activity #38770 Sun 7/12-8/9 10:00 AM-11:00 AM Activity #38771